

Pet Communication

Have you ever wondered what your pet was thinking or what it would be like to read their thoughts? Well, it is not as difficult as you might imagine. It's fun and it's free. With a little effort and practice you and your pet can experience a closer bond and a better understanding of each other.

No doubt you have heard the term "visualization". That is exactly what we are going to do.

Let's start with a simple visualization practice. Take a few quiet minutes with your pet. You and your pet should be at home but preferably in different rooms. (If you are practicing with your horse you can be at opposite ends of a small field or a paddock.) Visualize your animal walking toward you. (Don't offer treats or a toy to encourage them to respond.) Hold the vision of your pet coming to you. Keep the thought firmly in your mind. Expect the animal to respond. See it happening, in your thoughts, exactly as you want it to happen. It may take a little while longer for your pet to respond to you the first few times you try this technique, but they will understand the thoughts you are sending them and they will act accordingly.

Keep all visualizations "positive". Avoid visualizing the bad or negative behavior when you are trying to correct a training or bad behavior problem. Always visualize the animal behaving in the exact manner that you want them to behave. If we send a negative message they will act by doing the very thing you do not want them to do. (If you are thinking "don't get on the sofa - the animal will respond by getting on the sofa. We must visualize them staying on the floor.)

It will take a little practice but, you will be delighted at how quickly you will see your pet responding to your non-verbal communication. Soon you will be ready to begin receiving messages from your pet. Once you have mastered a few simple skills you and your pet will find it easier and easier to communicate with one another. Try it. It works. Have fun with your pet and the new non-verbal language you are learning.